

THE Spacemaker

NEWSLETTER

VOL. 1, No. 20

MCCLELLAN AIR FORCE BASE, CALIF. (<http://www.mcclellan.af.mil/PA/spacemaker.html>)

MAY 25, 2000

TAKE NOTE

"Special Thanks"

from -- Jim Barone, Sacramento Air Logistics Center director and Col. Charles Cotter, 77th Air Base Wing commander

We would like to send our sincerest appreciation to the more than 130 members of Team McClellan that helped make the 2000 Special Olympics a huge success.

Because of their professionalism, enthusiasm and generosity the "Walk for the Gold" brought in approximately \$8,600, which will help sponsor even more athletes in the coming year. It's teamwork like this that continues to highlight the professionalism and caliber of this organization.

Once again, thanks for a job well done. We are extremely proud of your accomplishments and proud to be a part of Team McClellan.

AAFES holiday hours

The hours of operation for AAFES facilities Memorial Day are: Main Store, 9 a.m. to 5 p.m.; Service Station, Shoppette, 10 a.m. to 5 p.m.; Concessions, Barber Shop, Beauty Shop, 9 a.m. to 4 p.m.; Burger King, 10:30 a.m. to 4 p.m.; Class Six, noon - 5 p.m.; all other facilities are closed.

SNEAK PEEK

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"Completing the mission of McClellan Air Force Base with professionalism and honor"



U.S. Air Force photo by 2nd Lt. Robert A. Firman

Armed Forces Day celebration

A B-25 "Mitchell" bomber flew in from Carson City, Nev., for the festivities at McClellan Air Force Base Saturday in honor of Armed Forces Day. The aircraft was recently restored to its original condition. A Coast Guard C-130 is in the background. See more about the day on Page 5.

McClellan engineer honored by DoD

By Jennifer Vargas

Staff Writer

A McClellan Air Force Base environmental engineer was selected as the 1999 Federal Environmental Engineer of the Year during a luncheon Monday in Washington D.C.

Phillip H. Mook, Jr., Environmental Restoration Program Management Branch Chief of the environmental office, was recognized for exemplary work accomplishments by environmental engineers in the federal service.

"It is very gratifying to be recognized for the work that I have done at McClellan," Mook said. "I sometimes wondered how our efforts here in Environmental Management ranked in the bigger picture.

This is a little validation that we are doing the right thing."

During the last five years, Mook's accomplishments include the management of the McClellan AFB environmental cleanup program, where he ensures the program stays on track in accordance with the Federal Facilities Agreement with environmental regulators.

He also manages the Innovative Technology Demonstration Program here.

McClellan is designated as the Chlorinated Hydrocarbons Remedial Demonstration site as part of the National Environmental Technology Test site program. NETTS is a joint Department of Defense and United States Environmental Protection Agency program for the evaluation

See "Award" Page 4

Commander honors Memorial Day

More than a million people—enough to populate a large city—have given their lives for freedom since this nation was founded.

As you look through the pages of time you'll find that these husbands, wives, fathers, mothers, sisters and brothers came from all walks of life and as many social, economic and cultural backgrounds as you can imagine. But what they all had in common was the determination to make this country free and the dedication to give their lives, when called on, to keep it that way. Monday we honor that dedication by celebrating Memorial Day.

The location of the first Memorial Day observance has long been disputed. Some say the people in Boalsburg, Pa., honoring their war dead, started it. Others claim it originated when Southern women put flowers on Union and Confederate soldiers' graves after the Civil War. Our tradition of Memorial Day clearly draws upon the memorable words of Abraham Lincoln at an address on the battlefield at Gettysburg: "...we cannot consecrate—we cannot hallow this ground. The brave men, living and dead, who struggled here, have consecrated it, far above our poor power to add or detract."

I know it doesn't really make any difference where it all started; what matters is the tradition of honoring our fallen comrades continues.

So, as you observe this special weekend with family and friends, take time to remember those who have died while serving this country through the years. Their sacrifices extend beyond borders and across generations. Think how differently our lives might be if it weren't for their dedication to a cause greater than self.

At some time in the future, the values for which America stands may ask again for personal sacrifices from its Armed Forces members. Let us hope otherwise, but if called, let us hope our answer honors our heritage.

My wife, Mina, and I wish each of you a great Memorial Day weekend, and for you and those you love to be safe in all you do.

*-- From Gen. Lester L. Lyles
Commander, Air Force Materiel Command*

SPACEMAKER

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(916) 643-6100

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Public Affairs Editorial Staff

Jim Barone.....SM-ALC Director
Col. Charles A. Cotter, Jr.....77th ABW Commander
Dawn J. Young Director, Public Affairs
Robin M. Jackson Editor
Sandra Kosmatin Assistant Editor
Alica E. Doyle Staff Writer
Jennifer R. Vargas Staff Writer

Air Force Vision

"Air Force people building the world's most respected air and space force ... global power and reach for America"

Air Force Materiel Command Vision

"Quality Systems for America's Air Force"

Sacramento Air Logistics Center Vision

"Completing the mission of McClellan AFB with professionalism and honor"

Senior airman learns lessons of freedom

By Senior Airman Laurent T. Watts
Tinker Air Force Base, Okla.

It was dark and cramped in the box, no heat, food or companionship.

I was suddenly stripped of my basic freedoms and shaken to the very core of my existence. As the minutes stretched into seeming hours and days, my beliefs were put to the ultimate test.

Everything I had been taught came to mind: the Code of Conduct, Scriptures of comfort and strength, memory pieces I learned in school, my son's first words and my wife's words of love.

As my captors tried to break me with interrogation and torture, I desperately clung to my American values and the lessons of loyalty from my parents. They tried to dehumanize me, but I fought back with images of my precious family waiting.

After 24 agonizing hours that seemed an eternity, I joined the other prisoners. We were called to attention and faced about, and as I turned I saw the American flag waving proudly with the Prisoner of War flag below.

Never before had this symbol of bravery and freedom for all seemed more beautiful to me. Never had the purity of the

white stripes, the cost of the blood red stripes and symbol of the 50 stars on the field of blue meant so much to me.

As the National Anthem played, tears of joy and true patriotism rolled down my cheeks. My POW survival training was over and I knew I would never take my freedom for granted again.

I was free: free to love, free to serve, free to live again. I realized being an American was a freedom to be valued.

As an American, choosing to do what is right, defending my home, my nation, and growing into the best person I can be is truly what freedom is all about.

Savings bonds offered to McClellan AFB personnel

The Air Force wide savings bond campaign kicks-off June 1 and McClellan is ready .

"The goal is to make 100 percent contact with everyone from the base," said Maj. John P. Brooker, project officer for the campaign. "We want to give everyone the opportunity to purchase savings bonds if they chose to."

The Defense Finance and Accounting Service began offering the new Series I savings bonds, along with the existing Series EE savings bonds, to civilian employees March 1, through the voluntary payroll savings plan. Active duty and retired military members have been able to purchase the I bonds since April 1.

The new bonds will be sold at face value, you pay \$50 for a \$50 bond, and will be offered in \$50, \$75, \$100, \$200, \$500 and \$1,000 denominations.

The I bonds were created by the Department of the Treasury to provide Americans an opportunity to protect the purchase power of

their savings from inflation.

Investors are being offered a bond with a fixed rate, combined with semiannual inflation adjustments, that will help protect purchasing power. The I bonds are an accrual type security, meaning earnings are added to the bond each month and interest is paid when the bond is cashed. The I bonds will grow in value with inflation-indexed earnings for up to 30 years.

The EE bonds are Treasury securities, and interest is added to the redemption value every six months and paid to the investor when the bond is redeemed. The purchase price of an EE Bond is 50 percent face value, a \$100 bond costs \$50, and is offered in \$100, \$200, \$500 and \$1,000 denominations.

Maj. Brooker and the unit representatives are available to brief personnel at staff meetings and commander calls. A list of all the representatives will be printed in a future *Spacemaker*. For more information, call 643-6600.

NEWS NOTES

Armed Forces Day luncheon

Lt. Gen. Donald L. Peterson, Deputy Chief of Staff for Personnel, Headquarters, United States Air Force, will host a 'Spread the Word' briefing for all base personnel today, 9 a.m. in Bldg. 237.

Voluntary RIF announcement open

The voluntary reduction in forces announcement opens June 1 for employees who wish to volunteer to be RIF'd in order to save another employee who is scheduled to separate Sept. 29.

A copy of the announcement and application can be obtained at the civilian personnel office, Bldg. 200, Room 45 or the Focus Center, Bldg. 200, Room 40. Submit completed voluntary RIF applications to civilian personnel by 4 p.m. June 15. For more information, call Joanne Hammond at 643-6763.

VSIP and VERA announcement open

The Voluntary Separation Incentive Pay and Voluntary Early Retire-

ment Authority announcement opens June 1-30. This is the last opportunity for employees to apply for VSIP/VERA for separation no later than April 13, 2001.

Employees with a current reduction in forces separation notice with an effective date of Sept. 29 are encouraged to apply as well. A copy of the announcement, application and information packet can be obtained at the civilian personnel office, Bldg. 200, Room 45 or the Focus Center, Bldg. 200, Room 40. Submit completed applications to civilian personnel by 4 p.m. June 30. For more information, call Joanne Hammond at 643-5940 or 643-0048.

Memorial Day Parade Monday

The Veterans of Foreign Wars invites the community to the Memorial Day Parade, Monday at 10:30 a.m. The parade begins at Watt Avenue and I Street ending at A Street. Following the parade join the VFW at 3300 U Street for an awards ceremony and community get together.

Tricare offers services to retirees over age 65

Officials at David Grant Medical Center, Travis Air Force Base announced, March 24, the empaneling of 1,000 additional retirees over age 65 for direct care at the Travis AFB facility.

Following that announcement, Brig. Gen. Lee P. Rodgers, Air Mobility Command surgeon general, approved plans to empanel yet another 1,000 Medicare-eligible beneficiaries, beginning this month.

According to hospital officials, "empanelment" permits retirees over age 65 to select a primary care manager and access care at DGMCC, but lacks the full enrollment benefits of Tricare.

Over the past few years, DGMCC officials said, the hospital has been actively advocating increased access to care for military retirees over age 65. Those who empanel with DGMCC are eligible to receive primary care and most specialty care services, at no cost.

However, according to Maj. Mark Vojtecky, TRICARE Flight commander, it is important each empaneled beneficiary understands the implications of their particular situation.

"By law," Vojtecky said, "DGMCC can provide direct care for the over-65 retirees. However, the hospital cannot purchase civilian care for this patient group. Medicare or other private insurance must be used for this purpose."

Vojtecky goes on to say Medicare-eligible retirees should not cancel their Medicare or other health insurance.

"That can be costly," he explained. "This is especially important for retirees without a Medicare supplemental policy. It is important



to keep in mind that Congress has not yet approved the Medicare Subvention program at DGMCC. The full range of TRICARE benefits are not available to retirees, and any care received in the civilian sector is Medicare-based."

The DGMCC TRICARE Flight emphasizes that empanelment is for the Travis AFB facility only. The McClellan Satellite clinic does not participate. Beneficiaries are required to travel to Travis AFB for all care received.

According to Vojtecky, Medicare-eligible retirees electing to apply for empanelment with David Grant Medical Center, should send a brief letter of request to: Empanelment Office, 60 MDG/CC, 101 Bodin Circle, Travis AFB, CA 94535.

Letters should include the beneficiary's full name, sponsor's full name, sponsor's social security number, home address and home phone number. Requests are processed in the order received, and officials expect demand to exceed current capacity.

"While this is wonderful news, rest assured that DGMCC will continue to seek authorizations of this type to better provide for our valued and appreciated retired veterans," Col. Thomas J. Loftus, 60th Medical Group commander, Travis AFB, added. "We are committed to optimizing health services with current resources."

Retirees interested in more information about empanelment should call the DGMCC Tricare Flight at (707) 423-7920, or retired Chief Master Sgt. George Moses, McClellan Retiree Affairs Office, at 643-2207.

(Jim Rekula, 60th Medical Group Public Affairs, Travis Air Force Base, Calif., contributed to this story)

Award continued from Front Page

and testing of environmental technologies.

Mook was also recognized for his establishment and management of the Alternative Fuel Vehicle program here. This program, according to Mook, is a major contributor in the Air Force's ability to meet the requirements for alternative fuel vehicle leadership.

"Mr. Mook has accomplished an unparalleled record of accomplishments and sustained outstanding leadership in managing environmental engineering programs in the areas of environmental restoration, environmental technology development and demonstration, and pollution prevention," said James D. Wood, Conference of Federal Environmental Engineers president.

His accomplishments don't stop at the gates of McClellan. Over the past five years, he has given more than 75 presentations covering environmental topics to civic and environmental groups, chambers of commerce, and local schools

and colleges.

"We have a number of complex environmental issues to work here at McClellan," Mook explained. "With the knowledgeable involvement of the community, we can make better decisions. One of the easiest and biggest contributions that we can make is to talk about environmental history. McClellan AFB is just a local example of global issues. How did we get to where we are today? What can we learn from our past practices? Practices that were acceptable, but in hindsight turned out to be poor decisions. Today personal decisions can really impact, good or bad, our environment and quality of life for tomorrow."

Mook has more than 10 years experience as an Air Force engineer and graduated from the California State University of Fresno with a bachelor's degree in mechanical engineering. He is also a registered professional engineer with the state of California.

NEWS NOTES

Golf tournament Friday

Due to the lack of participation in the 7:30 a.m. start, the "Good Bye to the GI" golf tournament Friday will only offer a 12:30 p.m. shotgun start. Sign in starts at 11 a.m. with lunch beginning at 11:30 a.m. Please pay in advance to Lawrence Links, Tech. Sgt. Tim McWhorter or Tech. Sgt. Maurice Mulqueen at 643-3753. A raffle is being held and prizes will be given. Refreshments will also be available.

Membership meeting

The Society of Military Widows, Sacramento Chapter #5, membership and business meeting is June 3, 1 p.m. at the Chapel Annex. The speaker is S. McGrew, financial advisor. For more information, call Edna Brown at 422-0891.

Armed Forces Day, fun for thousands



U.S. Air Force photo by Sandra Kosmatin

The Ryan PT-22 was one of many warbirds displayed during Armed Forces Day celebration Saturday. The Army Air Force used the Ryan PT-22 as a primary trainer throughout World War II.



U.S. Air Force photo by Sandra Kosmatin

Russell Laramie, son of Tech. Sgt. Montana and Kerry Laramie, 652nd Combat Logistics Support Squadron, uses a clothes pin to pick up a ring during a race against a parrot. The parrot won!



U.S. Air Force photo by Sandra Kosmatin

Kristopher Sumeran, 3, feeds a baby goat at the petting zoo, while his sister Jessie, 4, looks on. They are the children of Serena Sumeran, a Sacramento resident.



U.S. Air Force photo by 2nd Lt. Robert A. Firman

"Thunderbolt," a 1964 red Ford Fairlane, was one of the many hot rod and antique cars on display during the "Hot Wings and Cool Wheels" event for Armed Forces Day.



U.S. Air Force photo by Sandra Kosmatin

Maidu, a 3-year-old female cougar, was part of the wildlife show during Armed Forces Day. Maidu travels with Wild Things Incorporated, a non profit organization, as part of a wildlife education program educating children about wild animals.

What not to write on winning resume

Personnel expert and author Robert Half advises job seekers to carefully proofread resumes before sending them to prospective employers -- making sure they don't give too much information.

Here are some examples he has collected over the past 40 years:

■ I am loyal to my employer at all

costs....Please feel free to respond to my resume on my office voice mail.

■ Finished eighth in my high school graduating class of ten.

■ Suspected to graduate early next year.

■ Accomplishments: Oversight of entire department.

■ Proven ability to track down and correct errors.

■ Have had little luck in finding a new and challenging position.

■ Qualifications: No education or experience.

(Information provided by Accountemps)

FOCUS CENTER

This section contains some of the job announcements available at the McClellan Air Force Base FOCUS Center. For additional information, contact the FOCUS Center, Bldg. 200, Room 40, at 643-5661. The center is open Monday and Wednesday 7 a.m. to 4 p.m., Tuesday and Thursday 7 a.m. to 5 p.m. and Friday 7 a.m. to 3 p.m. Note: Copies of the vacancy announcements are available in the FOCUS Center. Review the announcement and contact the agency for KSAs and/or additional information.

Position: Administrative Support Assistant, GS-303-06

Ann#: 6-77-437-0

Close: June 5

Location: Sacramento, CA

Agency: Animal & Plant Service

POC: (612) 370-2098

Remarks: See note.

Position: Chemist, GS-1320-12

Ann#: DD0124PN

Close: June 13

Location: Sacramento, CA

Agency: Army Corps of Engineers

POC: (303) 236-8570

Remarks: See note.

Position: Docket Technician, GS-986-05/07

Ann#: 00-EDCA-10

Close: June 2

Location: Sacramento, CA

Agency: Dept of Justice

POC: Martha Bennett (916) 554-2749

Remarks: See note.

Position: Automation Specialist, CL-27 (\$34,306 - \$55,790)

Ann#: None

Close: May 31

Location: Sacramento, CA

Agency: U.S. Probation Office

POC: (916) 4325

Remarks: See note.

Position: Safety & Occupational Health Mgr, GS-018-11/12

Ann#: 0091961

Close: May 26

Location: Stockton, CA

Agency: GSA

POC: Margaret Weber (415) 522-2680

Remarks: See note.

Position: Program Specialist, GS-301-13

Ann#: VA-1-00-0549

Close: May 26

Location: Martinez, CA

Agency: Veteran Administration

POC: Adriana Gracias (310) 268-4150

Remarks: See note.

Position: Supply Technician, GS-2005-05

Ann#: FS-0-0440-AT

Close: June 1

Location: Yosemite, CA

Agency: National Park Service

POC: (415) 744-5627

Remarks: See note.

Position: Computer Specialist, GS-334-13

Ann#: VA-1-00-0576

Close: May 26

Location: Palo Alto, CA

Agency: Veterans Administration

POC: Adriana Gracias (310) 268-4150

Remarks: See note.

Position: Material Handler, WG-6907-05

Ann#: MPA 98-00

Close: May 31

Location: San Francisco, CA

Agency: Veterans Administration

POC: Cameron Johns (415) 750-2107

Remarks: See note.

Non Federal

Position: Environmental Specialist I

Salary: \$2,633 - \$3,163 per month

Close: June 1

Location: Sacramento, CA

Agency: State of CA

POC: (916) 653-4838

Remarks: Copies of the announcement are available in the FOCUS Center. Review the announcement and contact the agency additional information.

Position: Plant & Equipment Maintenance Worker I

Salary: \$2,055 - \$2,623 per month

Close: May 31 or first 50 applications

Location: Roseville, CA

Agency: City of Roseville

POC: (916) 774-5627

Remarks: Copies of the announcement are available in the FOCUS Center. Review the announcement and contact the agency additional information.

Position: Food Service Worker I/II

Salary: \$1,261 - \$1,967 per month

Close: Open Continuous

Location: Sacramento, CA

Agency: County of Sacramento

POC: (916) 874-6771

Remarks: Copies of the announcement are available in the FOCUS Center. Review the announcement and contact the agency additional information.

Position: Clerk Typist II

Salary: \$26,361 - \$32,060 per annum

Close: May 26

Location: Folsom, CA

Agency: City of Folsom

POC: (916) 355-7202

Remarks: Copies of the announcement are available in the FOCUS Center. Review the announcement and contact the agency additional information.



Movies

Movies start at 7 p.m., unless otherwise noted, in Bldg. 1417. Movies are subject to change.

Where the Money is - Friday

Starring: Paul Newman, Linda Fiorentino

Henry Manning (Newman) has come up with a way to break out of prison: fake a stroke and transfer to a nursing home. It's a perfect plan, except the woman assigned to care for him has a plan of her own. Carol (Fiorentino) is intrigued with the famous bank robber. He seems feeble, but she suspects otherwise. In return for keeping his secret, Carol wants Harry to join her and her husband in a robbery of their own. (PG-13 - language, sexual content)

Return to Me - Saturday

Starring: David Duchovny, Minnie Driver

Bob (Duchovny) led an ordinary life as an architect and loving husband until a nightmarish night took his wife. A year later, Bob is still not quite ready to start over. Across town, Grace (Driver) has just received surgery that will save her from the illness that killed her own mother when she was a child. Into Grace's world stumbles Bob, and love takes on a whole new meaning as truth emerges in a touching tale of hard-won union. (PG - language)

Price of Glory - Sunday

Starring: Jimmie Smits; Maria del Mar

Arturo Ortega's (Smits) is an aspiring champion boxer whose career is unexpectedly cut short. Years later, this determined father attempts to realize his broken dreams through his three sons. Once a title contender, Arturo's dreams fester inside him. He dedicates himself to his sons, but can't let them learn their own lessons. (PG-13 - language, violence, brief drug content)

Youth Center

■ **Today:** Open recreation, 2-6 p.m.; open gym, 2-3 p.m.; open snack bar, 2-5 p.m.; advanced gymnastics, 3:15-4:15 p.m.; Tae Bo Aerobics, 6:15-7:15 p.m., ages 11 and up, free. Moms, Pops, and Tots, 10-11 a.m.

■ **Friday:** Open recreation, 2-6 p.m.; open snack bar 2-6 p.m.; open gym, 2-6 p.m.; Skate night, ages 9-12, 6:30-8:30 p.m., members \$2, nonmembers \$4.

■ **Saturday:** Open recreation and snack bar from noon-5 p.m. Art Club meets at noon. Teen night, 6:30-10 p.m., ages 13-18, members free, nonmembers \$2

■ **Sunday:** Closed

■ **Monday:** Closed for Memorial Day.

■ **Tuesday:** Open recreation, 2-6 p.m.; open gym, 4:15-6 p.m.; open snack bar, 2-5 p.m.; beginning gymnastics, 3:15-4:15 p.m.

■ **Wednesday:** Open recreation, 2-6 p.m.; open gym, 2-5:15 p.m.; open snack bar, 2-5 p.m.; beginning dance lessons, 5:30-6:30 p.m. and 6:30-7:30 p.m.

For more information, call 643-2074.

AF changes fitness test

By Leigh Anne Redovian

AF Surgeon General Public Affairs

Beginning in July, the Air Force's annual cycle ergometry test will be expanded to include muscular fitness assessments using push-ups and crunches for all Air Force members.

Pass/fail standards will not be decided until January 2002, giving Air Force leadership sufficient opportunity to evaluate the expanded program's effectiveness.

"The Air Force is committed to enhancing the health, well-being and performance of every member," said Air Force Chief of Staff, Gen. Michael E. Ryan. "Total physical fitness includes cardiovascular capacity, muscular strength and endurance, flexibility and body composition."

Requirements for crunches are the same for men and women depending on their age. Push-up requirements are different for men and women and are also structured according to age. Changes to the program will not impact unit testing schedules already in place.

According to Ryan, the changes are vitally important in assessing force enhancement and to ensure compliance with Department of Defense instructions.

"Physical fitness remains an essential component of combat readiness and expeditionary competence," Ryan said. "We will continue to research methods to improve the health and performance of the force."

All members will be receiving a practice evaluation by June 30, 2001.

For more information or to prepare for testing, call the Talbot Fitness Center at 643-2596.

Tricare Prime offers enrollment portability

Are you a Tricare Prime member who will be moving out of town, transferring, sending a child off to college or retiring?

Take Tricare Prime with you! Called "enrollment portability," this feature of Prime allows individuals to continue their enrollment without interruption when relocating from one Prime region to another.

Benefits for active duty family members

Enrollment portability will help whether the move is short-term or long-term. There is no limit on the number of transfers for active duty family members.

Benefits for retirees and non-active duty family members

Enrollment fees transfer when the individual moves, active duty family members do not pay an enrollment fee. Family members who live apart can enroll together and pay only one family enrollment fee. This saves money when children attend a college in another state, or if the child lives with a former spouse out of the area. In order to transfer enrollment, fees must be current.

How to use portability

Before moving, stop by the local Tricare Service Center or call 1-800-242-6788 for advice about transferring enrollment. Not all areas offer Tricare Prime, so check with the local Tricare service center to see what options are available in the new area.

Don't disenroll before leaving. Transfer current Tricare Prime enrollment after arriving in the new home. After relocating, contact the nearest Tricare service center or Military Treatment Facility to select a new Primary Care Manager and to complete an enrollment application. This way, there will be no break in health care coverage. Individual Primary Care Managers provide health care and arrange for specialty care as needed.

For more information about enrollment portability, call 1-800-242-6788, or pick up a portability update at the Tricare service center, Bldg. 98, Room 28, first floor. To find more information online, visit www.fhfs.com or www.TRICARE.osd.mil.

(Information provided by 77th Medical Operations Squadron)

Memorial Day kicks-off ...

101 critical days of summer campaign

By Sharon Reeves

Safety Specialist

Spring is in the air. You can feel it every time you step outside. The air is warm, the jet stream has turned the storms and clouds away from our area of the country, and the skies are as blue as a robin's eggs.

It has been a stormy winter, but that is behind us. Now we can begin to look forward to summer, relaxing and having fun. Maybe a vacation? How about going out for the softball team, or volunteering to coach Little League? Go out in the garage and dust off and tune up that motorcycle, which has just been parked and waiting for good weather. There are hundreds of things to do, and just as many ways to be involved in an accident or be injured.

Memorial Day kicks-off the 101 critical days of safety campaign. The 101 days run from Memorial Day through Labor Day. It's a time of increased risk for the Air Force community — there are so many activities that do involve some degree of risk. It's a time when everyone needs to be aware of those risks, and include some risk assessments in their plans.

Life has enough distractions already, and now we're adding another one, summer time.

Here are some tips to get you to think about safety before heading out for some summer fun:

■ Let's say that you have been invited to go out on the water in a boat with some friends. You're feeling fine and looking forward to getting out there where the water looks so cool and inviting. But what's this? You see some people putting a case of beer in the cooler on the boat. Then you ask the "skipper" if there are life jackets for everyone, and he or she laughs and says

to you "Life jackets? Yeah, there are a few in the locker under the seat." Now would you go or stay on shore? Consider the risk.

■ Your leave papers are signed and you're ready to go on vacation. You head home and start packing the suitcases and loading the car. You've had a rough day trying to complete all your projects at work and you're starting to feel a little tired. But you want to get a head start and get to your destination early. Would you go ahead and get behind the wheel, or get a good night's sleep and leave early the next day?

■ You've invited some friends over for a backyard cookout. You advised them that you'll have beer and cocktails. When the guests arrive, do you serve snacks with the drinks and assure that no one drives home after drinking? Do you have some non-drinking guests who can be designated drivers?

■ You've been painting your house. You ventilated the rooms so the paint vapors didn't collect in the house. Now you're ready to rehang the drapes. Your ladder has paint all over it. Do you stand on a chair because you don't want to take time to clean the ladder?

■ You just noticed an oil spill on the floor, but it's quitting time and you've got to get home early because you have big plans. Do you take time to clean up the spill, or do you leave it and hope that no one slips on the oil?

This list does not even begin to cover the variety of risks and activities that we participate in during the summer months. It's just a sampling to start you thinking about managing the risks.

In the safety business, our desire is to save lives and prevent injuries. Our success is measured by your integrity and safety awareness.

Consider the risk in all your activities, and go have a great, safe summer!

SWAP MEET

For Sale

Car -- 97 Toyota Camry, dark blue, automatic, 4 cyl, AC, power locks and windows, 30K miles, reg good until April 01, \$16,000. Call 456-2661.

Car -- 89 Isuzu Trooper, red, 89K miles, one owner, 4WD, A/C, 5-speed manual, power locks/windows, \$2,200. Call 349-8602.

Truck -- 93 Ford F-150XL, one owner, like new, only 16K miles, auto-trans, A/C, shell, liner. \$10,000. Call 773-6004 eves.

Computer -- 486/133 MHz, Win98se, 2.5GB hard drive, 32MB RAM, modem, keyboard, MS mouse rollerball, new mini tower, needs monitor, \$200. Call for list of software

and other items 334-0876.

Uniforms -- Men's mess dress jacket 42", pants 36", with all accouterments, white shirt, suspenders, cummerbund and lieutenant colonel shoulder boards -- \$100. BDU field jacket, med/short -- \$10. Air Force lightweight blue jacket w/ liner 44"R -- \$15. Call 315-9004

Editor's note: Swap ads are a free, space-available-only service for military members, civil service employees, retirees and associated family members possessing current ID cards. The ads must be for the personal use of the card holder.

Only a home phone or address may be used in the ad; no base extensions or base e-mail

addresses are allowed, except for dormitory residents (residential status must be stated on ad). Personal e-mail addresses will be accepted. Drop off ads at Bldg. 200, room 125. Swap ads will not be published without a signature.

The deadline is noon, Wednesday for possible publication in the following Thursday's issue. Only one Swap ad per household per week, up to 50 words, may be submitted.

However, the ad can apply to more than one category, such as items wanted/trade, vehicles, furniture and yard sales. Spacemaker reserves the right to edit. No ads for money-making businesses, including daycare, or the sale of firearms or firearm accessories will be accepted. To run a swap ad again, it must be resubmitted. For more information, call the Spacemaker at 643-6100.